



15-minute Family STEAM Seed Bombs

Supplies Provided

Paper
Seeds

Supplies from home

Bowl or Bucket
Blender or Food Processor
Strainer or Thin Fabric

1. Get some scrap paper and/or newspaper and rip the paper up into pieces. The smaller the better.
2. Put the ripped paper into a box or bowl and pour some water into it, enough to cover the paper to soak. Leave it as long as possible, at least overnight is best
3. Time to blend your soaked paper! Put the paper into the blender and add some more water. Blend a bit at a time. Eventually you will end up with a mushy pulp.
4. Place the pulp into a strainer or fabric and squeeze most of the water out but not too much as you still want it fairly wet and mushy.
5. Transfer the pulp into a bowl then add your seeds and give it a good mix.
6. Take out some of the mixture and form a ball or pancake shape whilst squeezing the remaining water out. TIP--- use a sponge to help get any remaining moisture out.
7. Let them fully dry until they completely harden.

When Should You Plant Seed Bombs?

The best times to spread your seed bombs are during the early spring or fall when temperatures are mild and rainfall is moderate in your area. Choose locations that receive ample sunlight and have exposed soil that is not too dense, rocky or overgrown

Seed Bomb Sowing Technique

When you find a promising seed bomb sowing site, scatter the balls over the area, spacing them out roughly 10cm apart depending on their size and density of vegetation. Gently toss the balls underhand so they land softly without breaking apart. Or simply drop them if spreading near delicate sprouts.

Nature will take care of watering and feeding most seed bombs so maintenance is minimal. Check back on the locations periodically though to see if your bombs have sprouted and intervene if too much weed growth springs up.

If you want to plant them in soil then 2-3cm is best



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