

# Sand Art



## Materials Provided:

- Canvas Board
- Glue
- Colored Sand
- Craft stick

If you would like to paint the background, do that first

1. Plan your design! Think about what kind of design you'd like to make with the sand.
2. Draw your design in glue in steps. Use glue to make a part of the design and then shake sand in your chosen color over the glue. If you need to spread the glue, you can use your finger or the craft stick. Repeat this step for each color.
3. Let dry completely!

Sand Painting is a type of art that exists in highly developed forms among the Navajo and Pueblo Tribes of the American Southwest and in simpler forms among several Plains and California Indian tribes.

Sand Painting is traditionally used in healing ceremonies & not necessarily for aesthetic purposes. A sand painting is similar to a regular painting but instead of paint, the medium materials are glue & colored sand.

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