



Take & Create: Nature Journals

Supplies Provided:

Journal
Pencil
Eraser



Optional Supplies from Home:

Colored pencils, pens

Instructions:

With an adult's permission we are encouraging you to get out into nature and journal! Nature could be right outside your front door, or you could visit a local park, trail or woods. Stop along the way and take time to draw, label or write about what you see! You don't have to be an artist to create a beautiful representation of what you see! In addition to sketching, you may choose to write poetry, add photos, press leaves, or write down questions you have about nature...all in your Nature Journal! Below are some ideas of things to think about or ask yourself as you journal in nature.

Prompts:

- Use your senses...what can you see, touch, and smell?
- Look UP. Draw what you see. Look DOWN. Draw what you see.
- Draw an animal that you see. Write down questions you have about it to look up later.
- Draw the animal tracks you see. What do they belong to?

Check out attleborolandtrust.org or massaudubon.org for local places to explore!



Attleboro Public Library

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attleborolibrary.org