



Make Your Own APL T-shirt!

Materials Provided:

Pre-cut design in Heat Transfer Vinyl
Parchment Paper
Fabric paint

Materials Needed from Home:

Iron
Towel
Pre-washed Dark Colored T-shirt

An Adult is needed to assist with this craft.

1. Wash & Dry your t-shirt. Do not use a dryer sheet.
2. Weed your design. This means remove all the excess vinyl that is around and inside the design, leaving only the design stuck to the sticky backing. Please watch the Iron On YouTube video tutorial for this craft on the library's YouTube page for visual instructions. Do this very slow so that you do not lose any of the design when pulling off the excess.
3. Plug in your iron, turn it on to the cotton setting. Make sure the if there is a steam setting it is turned off.
4. Place a towel, folded over once or twice down on a flat surface. Lay your shirt down flat onto the towel. Heat the area where you are going to stick the decal with the iron. Position your decal where you want it to stick, make sure the sticky side is DOWN against the fabric. Once you have it in a good spot, place the parchment paper on top. Take the iron and place it over the design, hold it there with medium to firm pressure for 20-30 seconds. If your iron isn't big enough to cover the whole design, repeat this process until the whole design has been heated with the iron.
5. Remove the parchment paper. Be careful, the plastic backing sheet will be hot. Wait a few minutes, then carefully peel off the plastic. If the design lifts in any spots, put the plastic sheet back down, cover it with parchment paper again and heat for another 20 seconds.
6. Decorate with fabric paint provided (if you want). Then let dry!

Care instructions-- Do not wash for 24 hours after making. Wash on cold, inside out. Do not use dryer sheet.

Scan the QR code for quick access to the instructional YouTube video!
This video was originally recorded while making a different design, the instructions are the same.



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Attleboro, Massachusetts 02703 | (508) 222-0157
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