<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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</thead>
<tbody>
<tr>
<td><strong>WRITING</strong></td>
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<td>Using masking tape, write your child's name in large letters on the floor. Trace each letter by walking on it or pushing a toy car or train around the letter.</td>
<td>Place a pillow on the floor. Sit on it and pretend you are in an airplane in the sky. What do you see? Clouds, birds, buildings way below?</td>
<td>Talk about words that begin with <em>m,</em> like March, Mom, Milk</td>
<td>Sing about what you are doing. This is how we brush our teeth, this is how we eat breakfast, etc.</td>
<td>Have your child help measure ingredients for a recipe by measuring and counting the number of cups or spoonfuls.</td>
<td>As you read, point out a picture on the page and expand on it. That's a tree. Trees have branches and leaves. Birds sometimes build nests in them.</td>
<td>Pick a letter of the alphabet and practice tracing it.</td>
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<td>Sing &quot;Five Little Froggies.&quot; (Words are on the back.)</td>
<td>Count blocks as your child stacks them. How many blocks before it topples over?</td>
<td>Look at wordless picture books together. Ask your child to help tell the story.</td>
<td>Line up chairs and pretend to drive a city bus. Take turns driving and being the passenger. Call out the stops!</td>
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<td>Talk about what you are making for dinner. Name the different foods you will use.</td>
<td>Sing about what you are doing. This is how we brush our teeth, this is how we eat breakfast, etc.</td>
<td>Count blocks as your child stacks them. How many blocks before it topples over?</td>
<td>Help your child notice words as you go through your everyday routine. Point out street signs, words on food cartons, signs on shops, billboards, and more.</td>
<td>Invite your child to write an email or text message to a friend or relative. Ask him or her to tell you what to say. Show how you pick out the letters on the keyboard.</td>
<td>Pretend to be birds. Flap your wings and whistle, sing, and tweet. Talk about your favorite birds.</td>
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<td>Sing &quot;Old MacDonald Had a Farm&quot; after you read a book about farm animals. (Words are on the back.)</td>
<td>Use masking tape to measure yourself and your child on a wall. Compare the sizes. Who is taller? Who is shorter?</td>
<td>Share what you are reading with your child. Read aloud a portion of a magazine, book, or newspaper that you are reading.</td>
<td>Write a shopping list together. Take it to the store as you shop and show how the words on the list relate to what you purchase.</td>
<td>Play a guessing game. We are going to a place that begins with P, where do you think we are going? Yes, the Park!</td>
<td>Sing and dance &quot;The Hokey-Pokey.&quot; (Words and instructions are on the back.)</td>
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<td>Collect a variety of pebbles and rocks. Write numerals on each. Help your child put them in order.</td>
<td>Share what you are reading with your child. Read aloud a portion of a magazine, book, or newspaper that you are reading.</td>
<td>Label your child's belongings with their name. Let them also label a few items (like the crayon box or a pad of drawing paper).</td>
<td>Create a to-do list for the day. Have your child check off each activity as it is completed.</td>
<td>Point out the shapes of different objects, talk about how they are alike and different.</td>
<td>Collect a variety of pebbles and rocks. Write numerals on each. Help your child put them in order.</td>
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Playing to learn new words.

Play is one of the best ways for children to learn language and literacy skills. Play helps children feel a sense of accomplishment and self-confidence. This motivates them to try new experiences and not to give up when something seems difficult. Also, it’s fun!

**FIVE LITTLE FROGGIES**

Five little froggies sat on a shore.  
(Crouch like a frog)

One went for a swim, then there were four.  
(Pretend to leap and swim off)

Four little froggies  
(Crouch like a frog)

Looked out to sea.  
(Put your hand at brow and look out to sea)

One went swimming, and then there were three.  
(Pretend to leap and swim off)

Three little froggies said, "What can we do?"

One jumped in the water, then there were two.  
(Pretend to leap and swim off)

Two little froggies sat in the sun.  
(Crouch like a frog)

One swam off, and then there was one.  
(Pretend to leap and swim off)

One little froggie said "This is no fun!"

He dived in the water, and then there were none!

**OLD MACDONALD HAD A FARM**

Old MacDonald had a farm  
E-I-E-I-O

And on that farm he had a [animal name]  
E-I-E-I-O

With a [animal noise twice] here and a  
[animal noise twice] there

Here a [animal noise], there a [animal noise],  
everywhere a [animal noise twice]

Old MacDonald had a farm  
E-I-E-I-O

**THE HOKEY POKEY**

You put your right foot in  
You take your right foot out.

You put your right foot in  
And you shake it all about.

You do the hokey pokey  
And you turn yourself around.

That’s what it’s all about.

**FOR READERS AGES 0-3**

Global Babies  
developed by Global Fund For Children

Cuddle  
by Elizabeth Verdick

**FOR READERS AGES 3+**

A Boy Like You  
A Girl Like You  
by Frank Murphy

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

REPEAT WITH "LEFT FOOT," "RIGHT HAND," "LEFT HAND," AND "WHOLE SELF!"