



Tape Resist Painting

Supplies

taken in part from [artfulparent](http://artfulparent.com)

- Canvas (or sturdy paper such as cardstock or cardboard)
- Masking tape (or other tape, such as painters' tape, washi tape, stickers, / or contact paper cut into strips or shapes)
- Paint (tempera paint, BioColors, activity paint, etc)
- Paintbrush or Foam Brush
- Sharpies, glitter, etc... (optional)



Instructions

1. Tear or cut off strips of tape and press to the canvas or paper in the pattern or image desired. You can do letters, shapes, or anything else that comes to mind
2. Press the edges of the tape design down securely (to prevent paint from seeping under the edges as much as possible).
3. Paint over the entire canvas, including the tape design (if you want to add glitter to your artwork, do it while the paint is still wet)
4. Once the paint is semi-dry, lift the tape from the canvas. (if you wait until the paint is completely dry, it may lift some of the paint)
5. If desired, add detail to your artwork with Sharpies or other decorative touches once the paint is completely dry.



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We can't wait to see what you create!

--Share your creations with us on Facebook or by email at attleborokids@sailsinc.org



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